14th Annual

St. Joe River Races

September 23rd, 2017

The 14th year of Canoe and Kayak Races on the St. Joe River in South Bend!

- **Solo Paddling Race** 3 and 7.2 mile solo paddling events in the morning.
- **Team Paddling Race** 3 and 7.2 mile team paddling events in the afternoon.

BACK BY POPULAR DEMAND:

- **Biathlon (Run-Paddle Challenge)** Winners based on cumulative time between 5K run and 3-mile paddle. Paddle may be completed solo or as a team at 10am. Special recognition for "Iron People" who complete all races.
- 5K Running Race Running course may be completed alone without participating in paddling events.

Schedule of Events

7:30 AM - Registration Opens

8:30 AM – Pre-Race Meeting

8:45 AM – 5K Running Race Start

10:00 AM - 3 Mile & 7.2 Mile Solo/Biathlon Paddling Race Start*

12:00 PM - Run-Paddle Challenge and Individual Awards

1:00 PM - 3 Mile & 7.2 Mile Team Paddling Race Start**

Run Course Description: Race starts and finishes in Veteran's Park boat launch parking lot. Starts heading west (downstream) on river walk 1.5 miles to Howard Park footbridge turnaround.

Paddling Course Description: Race starts and finishes at the Veterans Park boat launch. All racers begin downstream to Howard Park footbridge turnaround. All racers return to boat launch for 3-mile finish time. 7.2-mile racers continue upstream around Kamm's Island (counterclockwise) and return to boat launch for finish.

*Solo classes include:

Racing Canoe – C1 (USCA specs)
Production Canoe (most other canoes)
Open Racing Kayak – K1 (ICF and Unlimited)
Other Racing Kayaks as necessary (USCA specs)
Recreational Kayak (plastic, short, heavy)

**Team classes include:

4 Person Canoe or Kayak - C4, K4 (Unlimited)
2 Person Canoe - C2 (Pro Boats/Racing Canoes)
2 Person Rec Canoe - (aluminum and non-racing canoes)
Family Class - (more than 2 family members)

Entry fee - \$20 per person (covers all races)

Register Online - http://tinyurl.com/2017RaceRegistration

For more information and course maps visit: http://tinyurl.com/StJoeRiverRaces
Or contact Matt Meersman at: paddleheadz@gmail.com

Proceeds benefit the Friends of the St. Joe River Association (www.FotSJR.org)